

Quieting Our Hearts & Schedules *Proverbs 3:5-8*

I. Trust the Lord with my life & schedule.

Proverbs 10:28

II. Make sure my expectations & longings are God centered.

Proverbs 12:11

III. Settle what is most important in my life.

Proverbs 12:25

IV. Deal with anxiety by hearing "good words."

Proverbs 16:9

V. Trust that interruptions to my desires & plans are confirmations that God is directing my steps toward Him.

Questions for this week:

I. For Starters:

1. What are some reasons you can think of that our world is so busy and chaotic? Are they all bad?
2. What do you seek to focus on and do to fight against buying into the world's view of what life is about?
3. What is your view of being successful? If you have it written out or memorized please share with the group. If not, write it out this week as God directs you?
4. Do you believe that everyone lives life being moved by what they think will make them successful? Why or why not?

II. Overview of Scripture

1. Read Matthew 6:25-24. What is the main point of the passage?
2. What did Jesus say we are not to worry about and why?
3. Who is that worries and goes around frantically seeking the things of this world?
4. What is to be our priority in life?

III. Growing Deeper

1. Review Sunday's message with someone.
2. How do you tend to view interruptions to your day?
3. Is the Christmas season a restful and joyful time for you or not?
4. Do you "preach the Gospel" to yourself daily? What do you say?
5. What do you do regularly to get healing and refreshment? Does it include hearing a "good word" from God and others?
6. Why is attitude so important in life?
7. Pray for one another and others who come to your mind.